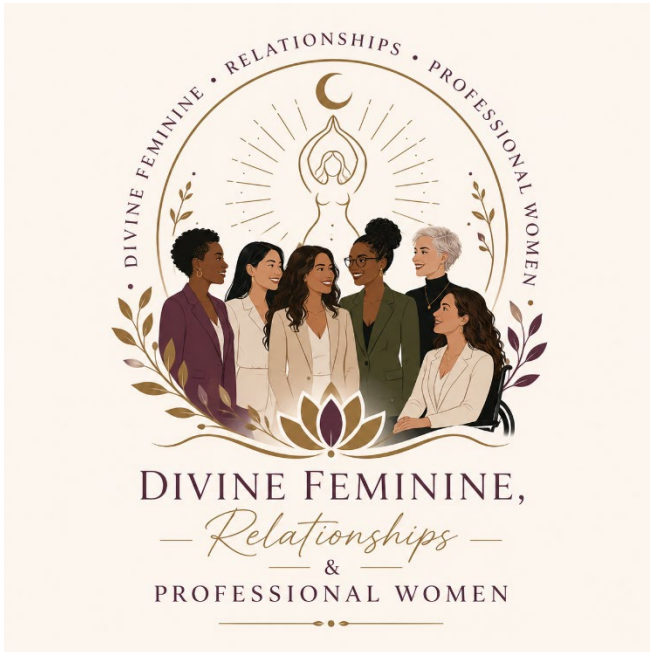


Women-in-Power Program 2



Starting Date & Duration: 4th Aug 2026 – 29th Sept 2026

Coach: Sherrilene Classen, PhD: Transformational Coach & Leadership Coach

Snapshot: This 10-module **Women-In-Power** program is developed for you, the professional woman, who desires to step into your divine feminine power and live life to the fullest.

Description:

Using content, particularly the Venus Sequence (Gene Keys: Richard Rudd) you will discover your personalized blueprint to propel you towards developing a deep awareness about the challenges, nature, and quality of your relationships.

The **Venus Sequence** is the "inner" journey. Its benefits are profound because it addresses the emotional patterns that dictate how you lead, negotiate, and handle stress. Through engagement with this work, on the deepest level, you will start transforming defensive reactions into "open-hearted" relationships.

Key Benefits for Professional Women:

- **Mastering Soft Power:** Your leadership style shifts from "armored" (top-down, defensive) to "magnetic." By understanding your emotional defense mechanisms, you can lead with a presence that inspires loyalty rather than one that demands compliance.
- **Healing the "Hustle" Wound:** Many high-achieving women operate from a "Shadow" of over-achievement to prove their worth. Venus helps identify the

specific childhood or societal conditioning that creates this pressure, allowing you to work from a place of **rested excellence** rather than exhaustion.

- **Conflict Resolution:** It reveals your "Attraction" and "IQ/EQ" spheres, which dictate how you respond to triggers. Understanding these allows you to stay grounded during high-stakes negotiations or difficult conversations instead of falling into old patterns of withdrawal or aggression.
- **Boundaries without Walls:** It teaches you how to set firm professional boundaries that are rooted in self-love rather than fear. You learn to say "no" to misaligned projects without the lingering guilt that often plagues you.

Ten weeks. Ten portals into living authentically in your relationships.

Niche: This program is developed for professional women who desire better or the best relationships, but who do not know, yet, how to fully access “it”. This program uses principles from the Venus Sequence, and invites participation through adult learning techniques, the empowerment model, active coaching, group discussions, and self-exploration. Women will examine the quality and nuances of their relationships. The outcome is experiencing incredible opportunities for self-awareness, application of insights, breakthrough moments, and growth.

Logistics:

- Dates: 4 Aug - 29 September 2026
- Synchronous On-line delivery
- Meeting Platform: Google Meet
- Day: Tuesdays
- Duration: 10 x 90 Minute Sessions x 10 weeks
- Time: 7.30 PM- 9.00 pm EST
- Sessions will be recorded and made available if members cannot attend a meeting

Format:

10 Modules (See Content)

- Didactic component (~ 30-35 minutes)

- Grounding
- PowerPoint Presentation
- Q&A
- Group Discussion (~30 - 45 minutes)
- Wrap- up (10 minutes)
 - Take Home Message
 - Next Week

Registration:

On-line via yoursacredsummit.com

Cost:

- \$550.00 USD before/on July 1st, 2026
- \$600.00 USD after July 1st, 2026
- Refund: Only until Jul 25th, 2026

Text:

Rudd, R. The Gene Keys: Embracing Your Higher Purpose. (2014). Watkins Publishing Limited, London.

Note: Highly recommended for an in-depth understanding of the content.

Content (10 Modules):

1. Introduction to the Venus Sequence, Sphere of Purpose, and the Pathway of Dharma
2. The Sphere of Attraction and the Pathway of Karma
3. The Sphere of IQ and the Pathway of Intelligence
4. Integration and Application to your Matrix
5. The Sphere of EQ and the Pathway of Love
6. The Sphere of SQ and the Pathway of Realization
7. Integration and Application to your Matrix
8. The Sphere of your Core and the Sacred Wound
9. Embracing The Sacred Wound
10. Integration and Application to your Matrix

Objectives & Outcomes:

| Objectives | Outcomes |
|---|---|
| 1. Understand and articulate the main constructs of the Venus Sequence. | 1. A lingo to understand and articulate the Venus Sequence. |
| 2. Explore the Gene Keys in your Venus Sequence. | 2. Comprehend and start to understand your Venus Sequence Gene Keys. |
| 3. Contemplate the shadows, gifts, siddhis, and “lines” in your blueprint. | 3. Articulate each of your shadows, gifts, siddhis, and lines, for each sphere. |
| 4. Contextualize everyday experiences within your relationship blueprint. | 4. A Matrix with your new insights applied to your everyday relationships. |
| 5. Embody and apply the principles of your Matrix to further direct your “golden path”. | 5. Clarity on your Purpose, Attraction, IQ, EQ, SQ and Core Spheres to manifest your desired relationships. |

Key Words:

- Hologenic profile
- Golden Path
- Contemplation
- Venus Sequence
- Spheres of Purpose, Attraction, IQ, EQ, SQ and Core
- Shadows, Gifts, Siddhis, Lines
- Pathways of Dharma, Karma, Intelligence, Love, and Realization
- Spiritual Blueprint



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Certified Leadership Coach

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